

# R.I.S.E. Support Group

Uplifting and Protecting Marginalized Individuals



## Be PROUD of who you are

Find a safe haven here, with people just like you

This program offers on-going support groups at the Healing Arts office or online. It provides psycho-education and advocacy services customized for each group member. The following seven support groups are ongoing:

- Women and girl's empowerment group
- Gender identity and expression support group
- Race and ethnicity support group
- Lesbian support group
- Gay support group
- Bisexual support group
- Transgender support group.

We provide the participants with literature on self-care and healthy mental health and medication management and support.

[WWW.HEALINGARTSSFL.ORG](http://WWW.HEALINGARTSSFL.ORG)



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